



# Little Falls Village

*Neighbors helping Neighbors to "Age in Place"*

## Annual Report 2016



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# A Little Bit About Us

**Our Vision:** To create a vibrant community network of neighbors-helping-neighbors in support of the Aging-In-Place movement.

**Our Mission:** To provide our members with programs and services that support their continued independent living within our community.

Little Falls Village began operations July 29, 2013, and serves older adults in the 17 neighborhoods that make up the 20816 zip code in Bethesda, Maryland.

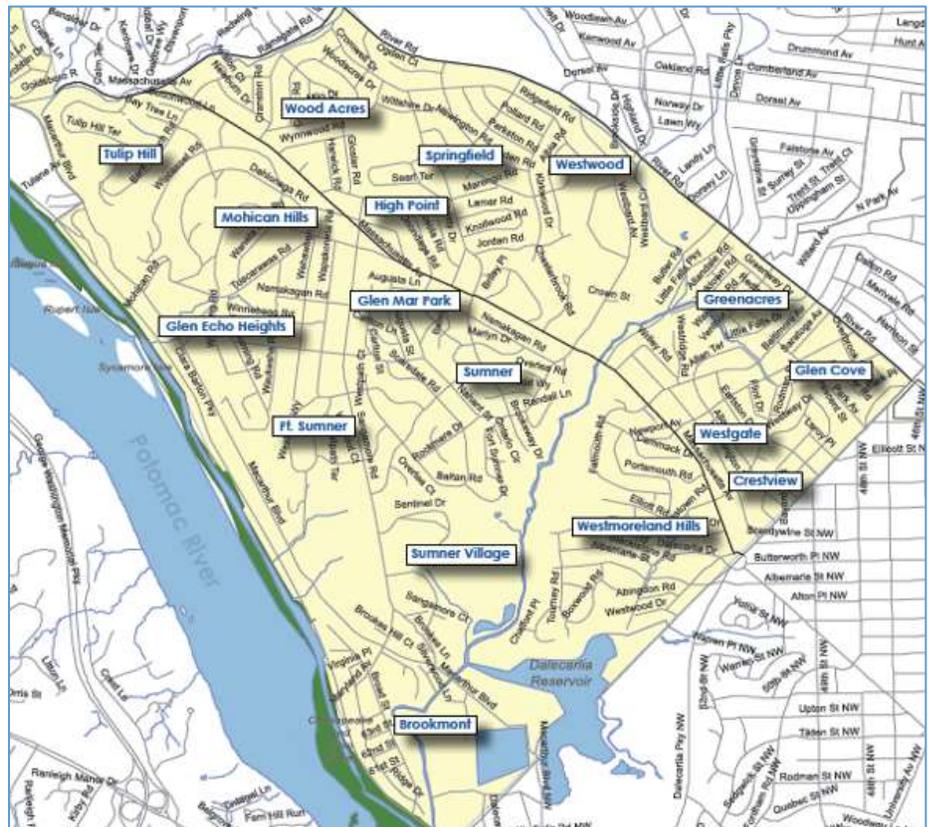
Capital Hill Village was the first Village in the three-state region. But like the nearly 50 villages in the region, we were inspired by the nation's first village; Beacon Hill Village in Boston.

In 1999, Beacon Hill residents observed that their older neighbors needed some very basic help to realize their goals of remaining independent at home as they aged. It was there, in Boston, that the "*neighbors helping neighbors*" concept was born and spread across country.

Little Falls Village is an IRS designated tax-exempt 501c3 nonprofit organization.

Volunteers provide our members, who need a helping hand, with rides to the doctor, grocery store, or village events. They also can request assistance with basic household tasks, simple repairs, bookkeeping, a little gardening, or a friend to come for a regular or periodic visit. Little Falls Villages also organizes a

variety of social and educational events for members and the wider community. We have Social Members as well, anxious to participate in the events and activities we plan each month, while providing tax-deductible support for our operations. While full members must live in the 20816 zip code to request and receive services. Because Social members cannot request services, they do not need to live in 20816. Anyone at any age is welcome to join us. When needed, Little Falls Village also provides financial assistance to those who need services, but cannot afford the annual fee.



# Letter from the President

May 2017



We are pleased to present the Little Falls Village (LFV) 2016 Annual Report, marking our fourth year of providing services, activities and programs to our

older adult neighbors within Bethesda 20816. This past year, LFV implemented several new initiatives and services:

- The Volunteer Services Committee was established and created a volunteer manual, instituted a volunteer training program, launched a formal “friendly visit program” which currently benefits several of our members, and gave a volunteer recognition party.
- We implemented a program of phone outreach to full members, ensuring LFV had contact with each full member at least monthly, accomplished thanks to the speed-dial of social member Marian O’Brien.
- Volunteer Karen Goldstein and social member Gabrielle Grunau initiated Game Day, which is held the first Thursday of every month, to the delight of growing numbers of Scrabble, Mahjong and card players.
- Poetry club shares rhymes and free verse monthly, thanks to the initiative of member Rosemary Harding.
- Cultural outings to the Museum of African-American History, Arena Stage, Kennedy Center and other venues are now organized monthly by Emeritus Board President Dave Gries.

- A “Trash or Treasure” appraisal event was organized for the community, raising funds for LFV, thanks to the Development Committee chaired by Board Vice-President Susan Harding.

Just as we all “call Todd” with our questions and service needs, several new and emerging aging-in-place villages tapped LFV executive director Todd Smith for his expertise in village operations, allowing LFV to share what we’ve learned in our four years of operations with our neighbors in Montgomery County. Todd also managed transitions of our physical office – following the loss of donated office space – with our move to Concord-St. Andrews Church and back to the Shops at Sangamore following a successful grant application to Montgomery County.

Fulfilling our mission, Little Falls Village continues to provide daily service to our members through a dedicated group of volunteers. We are building strength in the community, neighbors helping neighbors, that ensures we will keep growing and thriving. We are grateful to our Full Members, Social Members, volunteers, donors, government leaders and friends for their continued support of our efforts.

Sincerely,

A handwritten signature in blue ink that reads "Margie Ott".

Margie Eulner Ott  
Board President

## We Thank Our 2016 Village Volunteers

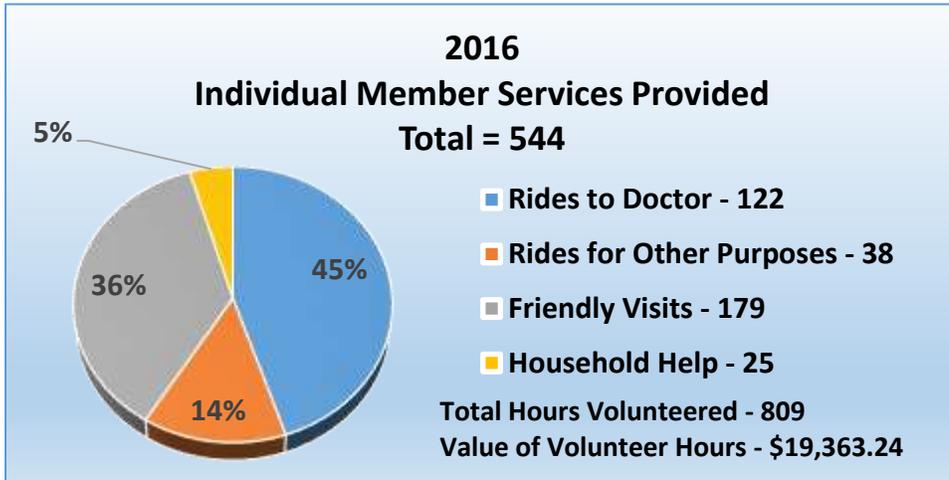
Our village mission cannot be achieved without the energy, enthusiasm, and commitment of our volunteers toward making this community a better place for everyone. They respond and complete member requested rides, provide computer help, give the time that's needed to a friendly basic handyman assistance, assist in office operations and at events and are patiently there when a member needs someone to spend time with because they cannot get out. They lead activities and events, staff our committees, and help in the office. To all our volunteers, we say thank you for the help and friendly smiles they provided through-out 2016.

Charles Applegate  
Cecilia Bacigalupo  
Maurine Beasley  
Suzanne Blouin  
Anita Bollt  
Kay Bowman  
Susan Brown  
Jody Callen  
Eileen Carver  
Sharron Cochran  
Loretta Collins  
Marja Corden  
Jane Croft  
Joe Croft  
Kathy Daniel  
Ursula Daniels  
Suzanne Dater  
Adrienne Dominguez  
Norma Dugger  
Gary Ender  
Lyn Ermer  
Marc Fialco  
June Gardner  
Robert (Bob) Girouard  
Karen Goldstein  
Alice Goodman  
Sandra Grant

Cynthia Green  
Dave Gries  
William Grosshandler  
Gabrielle Grunau  
Susan Harding  
Ann Hatsis  
Joanne Hellyer  
Robert Hennemeyer  
Heidi Hiebert  
Pauline Hill  
Eleanor Hillegeist  
Russell Hogle  
Frank Huffman  
Helen-Louise Hunter  
Asher Hyatt  
Donna James  
Clair Johnson  
Linda Koenig  
Gary Lorenz  
Marianne Mandel  
Carol McNiff  
Maura Merlis  
Nancy Mitchell  
Carol Moravsky  
Barbara Norton  
Marian O'Brien  
Mary O'Donoghue

Lee Ohringer  
Margie Ott  
Lynn Pekkanen  
Grace Peterson  
Paula Pini  
Karen B. Possner  
Margorie Pray  
Pickett Randolph  
Ed Rastatter  
Carol Russel  
Jim Russel  
Alvin Sacks  
Karen Scrock  
Laurene Sherlock  
Porter Shreve  
Todd Smith  
Jane Stone  
Betty Taska  
Mamie Terrot  
Manuel Valencia  
Sarah Vassiliou  
Michael Wehr  
Nancy Wehr  
Jing Yin  
Charles Yost  
Kathleen Zellmer

## Our 2016 Statistics



96 volunteers, including 34 who are also members, performed 544 member services.

Full members totaled 112, including 99 individuals and 13 couples.

## Financial Report 2016

### Income

Membership Dues	\$33,350.00
Contributions	\$16,511.82
Foundation Grants	\$2,850.00
Government Grants	\$2,050.00
Miscellaneous Revenue	\$4,100.00
Fundraiser	\$5,069.00
<b>Total Income</b>	<b>\$63,930.82</b>

### Expenses

Bank Fees	\$761.00
Contract Services	\$3,334.76
Facilities and Equipment (Primarily Rent)	\$9,300.87
Event Expenses	\$2,541.26
Fundraising Expenses	\$1,453.04
Insurance	\$2,484.00
Operations (printing, postage, background checks, supplies, telephone, etc.)	\$6,642.79
Payroll Expenses	\$28,404.72
<b>Total Expense</b>	<b>\$54,922.44</b>
<b>Net Income</b>	<b>\$9,008.38</b>

## Many Thanks to Our 2016 Donors

Membership dues cover about 52% of Village costs. We are grateful to the following donors for their generous contributions that help our organization advance our mission of neighbors helping neighbors to “age in place”

### **\$500 or more**

Anonymous (3)  
Yuriko and John Gandolfo  
Susan and David Gries  
Susan Harding  
Stephanie and Eugene  
Lawson  
Todd and Mary Smith

### **\$100 to \$499**

Cecilia Bacigalupo  
Elida B. Bessalel  
Gustavo Bessalel  
Ruth Meixner Bird  
Anita Bollt  
Boothe Family Fund  
(Virginia and Malinda  
Boothe)  
Karla Brandt  
Elliot S. Cafritz  
Sharron Cochran  
Agnes D. DeBra  
Elizabeth and Ed Dietel  
Norma Dugger  
Marilyn Ermer  
Barbara Esau  
Anne and Burton Fishman  
Robert Friedman & Loretta  
Scott  
Christine and Lucien Garo  
M. Kay Gartrell and Richard  
Kirschner  
Alan and Karen Goldstein  
Alice and John Goodman  
Juliet Grant-Suttie  
Joan and Robert  
Hennemeyer  
Eleanor Hillegeist

Barbara Hughes  
Ursula Kelnhofer  
Edwin P. Kennedy Jr.  
Richard Kirschner and M.  
Kay Gartrell  
Susan and Randall Lewis  
Ellen Markham  
Rae Nelson  
Marian O'Brien  
Margaret Ott  
Marjorie Pray  
Robert Roach  
Ann Dyer Robertson  
Stapelton and Sandy Roy  
Joan Seelye  
Cora and Murray Simpson  
Family Fund Inc.  
Robin and David Sproul  
Betty Keene Taska  
Barbara Torrey  
G. Duane Vieth  
Mark Vige  
Albert Voorthuis  
Ruth Williamson

### **Up to \$99.00**

Charles Applegate  
Maurine and Hank Beasley  
Mette and Robert Beecroft  
Mary Ann Bernald  
Margaret Byrne  
Eileen Carver  
Xin Chen  
Jacqueline Corbett  
Dr. and Mrs. Joseph Croft  
Adrienne Dominguez  
Jean Draggon  
Janice Earle  
Gary Ender

Marietta Falzgraf  
Judith Fogt  
Irene Gad  
Andrew Gefen  
Rosemary Harding  
C. Joyce Hartman  
Austin Heyman  
Jacqueline Hoffman  
Asher Hyatt  
Charmaine M. Iversen  
Barbara and Felton Johnston  
Betty and Norman Kline  
Susan and Alan Miller  
Constance Milner  
Ellen Lister Mishkin  
Kay Shaw Nelson and Rae  
Nelson  
Charles F. Neubauer  
Richard and Marie Newman  
Mary O'Donoghue  
Geraldine Ostrove  
Diane and Richard Powers  
Pickett Randolph  
Richard A. Ratner, MD  
Elise Ruedi  
Alvin Sacks  
Catherine Scott  
Kathryn Scott  
Learita Scott and Robert  
Friedman  
Susan and Rey Tejada  
Patricia Wand  
Nancy and Michael Wehr  
Susan and Howard Weiss -  
Tzedakah Fund  
Janet Wintrol  
Ellis Wisner  
Jean and William Yount  
Kathleen Zellmer

# These Companies Generously Support Little Falls Village. Thank you.



June Gardner



Andy B. Gibson      David E. Weinstein  
Financial Advisor      Financial Advisor  
301.263.8902      301.263.8516

6400 Goldshore Road, Suite 550  
Bethesda, MD 20817

**Andrew B. Gibson**  
&  
**David E. Weinstein**



BETHESDA **PC** REPAIR

Contact Peter Dressner 24/7 for help with PC and Apple problems.  
For professional help call  
301-718-1088 or e-mail  
[Peter.Dressner@verizon.net](mailto:Peter.Dressner@verizon.net).

# Board of Directors



## **Margaret "Margie" Eulner Ott, Board Member**

Margie Eulner Ott, a 25-year resident of the Crestview neighborhood, brings substantial non-profit

management experience to the LFV Board. Margie held various positions with Youth for Understanding International Exchange between 1983 and 2013, including serving as Director of US Programs. Margie is currently working as a non-profit executive management consultant. She is leading LFV's Volunteer and Operations committees, while also assisting with grant writing. She secured a Montgomery County grant for LFV in 2016.

## **Susan Harding, Vice President**



Susan Harding worked for more than 25 years publishing national equine magazines and now is on the boards of several equine nonprofit organizations, including Equine Land

Conservation Resource and the International Museum of the Horse. A graduate of Northwestern University and Harvard Business School, Harding worked for the Congressional Research Service and Newsweek. She has been a resident in Sumner Village for more than 15 years, where she has been involved as chair of the Pool Committee and on the Management Search Committee. She leads the LFV Development Committee which spearheaded the successful "*Trash or Treasure*" fundraiser in 2016.

## **June Gardner, Secretary**



A native Floridian, June Gardner migrated north attending Duke University and then Boston University. In 1985, she arrived in Washington, D.C., where she

worked as a congressional press secretary and as a part-time political consultant. Gardner became a real estate agent in 1999 and continues to work full time at Evers and Company Real Estate Inc. The Gardner family has lived in the Wood Acres neighborhood since 1989, and she has been an active member of the community, serving on the PTA Board at Wood Acres Elementary School, as co-chair of the Whitman Arts Festival, and she served on the Board of the Wood Acres Citizens Association the association's Architectural Covenants Committee.

## **Cecilia Bacigalupo, Treasurer**



A Peruvian native, Cecilia came to the US and started working for the Inter-American Development Bank in various capacities. In her last position, she was Chief of the

Conference Section, which entailed organizing and coordinating meetings worldwide. A Bethesda resident for more than 25 years and a mother of a college student, has found time to give back to society. Cecilia became involved as a volunteer in the village through her husband, Manuel Valencia who is operations director for LFV.

### **Jane Croft, Board Member**



Jane Croft is a longtime resident of Bethesda, Maryland and is a founding member of Little Falls Village. She joined the Village Board of Directors in 2015. With a degree in education, Mrs. Croft taught school in Chicago and White Plains, NY before working in the New York City office of renowned rheumatologist, Dr. Walter Bauer of the Massachusetts General Hospital. Jane has been an enthusiastic exercise instructor for the past 37 years, was a DC Hospice volunteer and served as a volunteer at Sibley Memorial Hospital for more than twenty years.

### **Gary Ender, Board Member**



After college Gary was a Peace Corps Volunteer in Nepal, where he lived in a village and helped farmers become more productive; his friendship with his “older brother” in Nepal continues. Gary obtained a PhD in agricultural economics and worked at USDA for several years. For most of their careers Gary and his wife worked in international development; Gary worked at Abt Associates for 23 years. From 1984 to 2002, he and his family lived in the Philippines, Pakistan and Egypt, and in the DC area. Now retired, Gary enjoys volunteering for LFV and Food & Friends, traveling, gardening, and birdwatching. Gary is overseeing LFV’s automation project.

### **Mary O’Donoghue, Board Member**



Mary O’Donoghue started Corewood Homecare after caring for her father, a well-respected physician in Washington D.C., who was diagnosed with early onset Alzheimer’s. As the disease progressed, Mary and her family wanted her

father to remain in a familiar environment in their family home on Corewood Lane in Bethesda. With the help of two extraordinary professional caregivers, Mary’s father could stay home and, because of the exceptional care he received, Mary started her company to help other families. Mary serves on the board of the Senior Connection, a countywide organization dedicated to providing programs and help that preserve and foster independence, mobility and quality of life for seniors. Mary is co-chair of the LFV Volunteer Committee..

### **Laurene Sherlock, Board Member**



Laurene is an accredited member of The American Society of Appraisers. In 2010, she founded Greystone Appraisals, a personal property practice that includes appraisal consultation for insurance, estates, equitable distribution, dispersal, downsizing, positioning property for sale, museum gifting and collection management. As a 26-year resident of Sumner Square, she has served three times as President of its Homeowners Association. Laurene is chair of the LFV Communications Committee.

### **Nancy Wehr, Board Member**



A native of Washington state, Nancy is “at home” in the lab. She worked as a chemist at Oregon State University for 22 years before moving across the country to Bethesda, Maryland, in 1993. She was a biologist at the National Institutes of Health for 18 years, retiring in 2011 and returning to the same laboratory as a special volunteer to continue work on detection methods focusing on oxidative damage implicated in aging and disease. Nancy has served LFV as its Treasurer and now as its assistant treasurer. Nancy is also a valued member of the LFV Membership and

Operations Committees. When she and her husband, Michael aren't with their grandchildren, you'll find them at their home in the Wood Acres neighborhood, hoping to age in place.

## Staff

### Todd Smith, Executive Director



Todd is responsible for the day-to-day operations of Little Falls Village. His interest in aging issues was born during 15 years of lobbying on behalf of seniors and long-term care providers while at the American Health Care Association. Prior to joining the association in 1996, Smith spent nearly 30 years as a television news reporter. He lives with his wife and two sons in Glen Mar Park.

### Manuel Valencia, Director of Operations



Manuel assists the executive director on a day-to-day basis. He received a double Bachelor of Arts degree in graphic design and printmaking from American University. He is also a certified Teachers of English to Speakers of Other Languages teacher, with a degree from Montgomery College. Currently in semi-retirement, he attended a Little Falls Village informational meeting and joined as a volunteer.





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