

**UPCOMING SPEAKER EVENTS PRESENTED BY LITTLE FALLS VILLAGE  
in Collaboration with LITTLE FALLS LIBRARY**

**July through December 2020**

**\*\*\* All Speaker Events are Free & Open to All \*\*\***

**All events are through ZOOM from your COMPUTER \* TABLET \* SMARTPHONE \* or TELEPHONE**

**The ZOOM log-in info for each event will be provided upon receipt of your RSVP**

**RSVP by clicking on the Registration Link that is provided for each event**

**Please send questions to [info@littlefallsvillage.org](mailto:info@littlefallsvillage.org) or call (301) 320-3267**

**Registration Recommended Prior to Each Event**

**THURSDAY JULY 9 1:00-2:30 PM**

**Dr. William Hahn** is Director of GeorgeSquared, a graduate biomedical program offered via a partnership between the Georgetown University Medical Center and George Mason University. Previously he had been Associate Dean of Georgetown College, Assistant Dean of the McDonough School of Business at Georgetown, and Associate Professor of Environmental Biology at Columbia University. His research interests are in plant taxonomy, conservation, and molecular evolution. He has been a beekeeper for ten years and is currently pursuing research projects on plant diversity used by bees and native pollinator conservation. Honey bees are one of the most important insects given their value in pollinating food crops and their production of honey, wax, and other products. They are beneficial to community ecosystems in which they provide and help maintain environmental balance. This presentation will discuss issues that impact bees, including local bee swarm catchers and lockdown restrictions, the newly discovered Asian Hornet, bee maladies, pesticides, bee nutrition, and much more. Dr. Hahn will explain the facts and the unknowns about saving the bees.

**Registration Link: [www.littlefallsvillage.org/Honeybees](http://www.littlefallsvillage.org/Honeybees)**

**WEDNESDAY JULY 22, 1:00-2:30 PM**

**“Aging in Place with Universal Design”** with **Charles Khiel**, CR, CAPS, MCR; Vice President FRED Division: Case Design/Remodeling, Inc. Chuck has worked in the residential construction and home improvement industry in Maryland, D.C., and Virginia for over 35 years. He began his career with Case Design in 1997 and moved over to the FRED division in 2014 as the General Manager. In 2015, he also joined the Sr. Management Team of Case Design as a Vice President. Chuck’s specialties include major structural repairs, kitchens, bathrooms and termite repair. He is also a NARI Master Certified Remodeler, Universal Design Certified Professional, and an Aging-in-Place specialist. When not at work, Chuck enjoys fishing, crabbing and playing basketball with his three sons, Austin, Lucas and Ryan. Independent living promotes life satisfaction, health and self-esteem which are the three keys to aging successfully. About 90% of people age 65+ wish to age in their home of choice. In his presentation, **Charles Khiel** will discuss the benefits of Universal Design and as well as the concept of Aging in Place. Universal Design of products and environments applies to people of all ages and abilities, to the greatest extent possible, without the need for significant adaptation or specialized design. It brings flexibility, low physical effort, and simplicity to your home to create a safe space for you. Both concepts were developed and created because nationally, folks are staying in their homes longer. Chuck will discuss how these strategies can be applied to your existing home with the focus on making your home safe and user friendly for all ages, looking at not only the kitchen and the bathroom, but the whole house interior and exterior. Household dynamics change over time, these concepts can be very helpful in ensuring that the home remains safe for all who live there. **Registration Link: [www.littlefallsvillage.org/UniversalDesign](http://www.littlefallsvillage.org/UniversalDesign)**

**THURSDAY AUGUST 13, 1:00-2:30 PM**

**“Five Key Aspects of Fitness Central to Optimal Aging”** with **Andrew Singer**, PT, DPT, MHS. Andrew graduated from Bowdoin College with a Bachelor of Art in Biology, Johns Hopkins School of Hygiene and Public Health with a Master of Health Science in Epidemiology, and University of Maryland School of Medicine Department of Physical Therapy with a Doctorate of Physical Therapy. Are you 50 years or older? Are you unsure of where you stand physically versus normative data for age related peers? Have you been putting off exercise or doing the same exercise routine for years? Are you interested in identifying potential early warning

signs and addressing issues before they become major health limitations and problems? Are you interested in where to start or how to establish a more targeted exercise program for specific deficits? Please join **Andrew Singer**, a Physical Therapist, at Sumner Fitness to learn more about the Adult Fitness Independence Test (AFIT) and how it can help you to evaluate the five key aspects of fitness central to optimal aging: posture, flexibility, balance, endurance and strength. **Registration Link:** [www.littlefallsvillage.org/Fitness](http://www.littlefallsvillage.org/Fitness)

### **WEDNESDAY AUGUST 26, 1:00-2:30 PM**

**“Everything You Wanted to Know about the FTC But Were Afraid to Ask”** with **Barry Cutler**, former supervising attorney with the FTC’s Bureau of Consumer Protection and Assistant General Counsel. Barry was a judicial law clerk for the U.S. Court of Appeals for the Second Circuit in Manhattan from 1968 to 1970. He then returned to New Haven as an Assistant U.S. Attorney (federal prosecutor) from 1970 to 1974. During that time, he also was an adjunct faculty member and taught a trial practice seminar at the Yale Law School. In 1974 he moved to Washington D.C. and worked with the FTC for 4 years. Since 1978 Barry was a partner in three law firms handling litigation and consumer protection counseling. From 1990-1993 Barry served as Director of the FTC’s Consumer Protection Bureau and served as the U.S. Representative to the Consumer Protection Directorate of the OECD in Paris. Barry retired in 2019. The **Federal Trade Commission** (FTC) along with the SEC and CPSC, is one of several *alphabet soup* agencies that are called “Independent Agencies.” Why are some of these agencies “independent” while others like the EPA, CDC, FDA, & FEMA are not “independent”? Is it truly independent, as its classification implies, or does it work with other independent agencies and/or non-independent agencies? Who provides oversight over the FTC? How does the FTC’s Bureau of Consumer Protection help the consumer? What are some of their most challenging issues? **Registration Link:** [www.littlefallsvillage.org/FTC](http://www.littlefallsvillage.org/FTC)

### **THURSDAY SEPTEMBER 10, 1:00-2:30 PM**

**“The Evolution of the Human Diet”** with **Dr. Briana Pobiner**, paleoanthropologist at the Smithsonian’s National Museum of Natural History and an Associate Research Professor of Anthropology at the George Washington University. **Dr. Pobiner’s** research centers on the development of human diets with a focus on meat-eating but has included topics as diverse as human cannibalism and chimpanzee carnivory. Since joining the Smithsonian in 2005 she assisted in putting together the Hall of Human Origins, in addition to continuing her active fieldwork, collections studies, and experimental research programs which have taken her to Kenya, Tanzania, South Africa, Indonesia, Romania, and the United States. Dr. Pobiner also leads the Smithsonian’s Human Origins Program in education and outreach efforts. When you hear about the “paleo diet”, you probably think of the modern diet trend which is often centered around eating significant amounts of meat. But what role did meat-eating play in human evolution? When did our ancestors first start eating meat, and how did that change over time? How did meat-eating change our bodies, our brains, and our behavior – and how do we know? **Join Briana Pobiner** on a journey through the various line of evidence for meat-eating in human prehistory. **Registration Link:** [www.littlefallsvillage.org/DietEvolution](http://www.littlefallsvillage.org/DietEvolution)

### **WEDNESDAY SEPTEMBER 23, 1:00-2:30 PM**

**“The Epic Migrations of Birds”** with **Dr. Peter Marra**, Director of the Georgetown Environmental Initiative (GEI), Laudato Si’ Professor in Biology and the Environment, and Professor in the McCourt School of Public Policy. **Dr. Marra** had a 20-year career at the Smithsonian Institution, most recently as Director of the Migratory Bird Center. He has a Ph.D. from Dartmouth College and has authored over 225 papers published in journals such as Science, Nature and Conservation Biology on various aspects of the biology and conservation of birds and other animals, as well as on topics as broad as urban disease ecology. He co-edited the frequently cited book - *Birds of Two Worlds* and recently published a second book - *Cat Wars: The Devastating Consequences of Cuddly Killer*. **Migration** is one of the most engaging phenomena of the animal world and one epitomized by birds. Migratory birds are the Olympians of the natural world - traveling extreme distances, flying at night in flocks of tens of thousands of individuals, and moving through treacherous terrain with untold obstacles threatening their every move. Today, over 50% of North America’s migratory species are declining at unprecedented rates – and for most of these species we don’t know why. **Dr. Marra** will take us on a hemispheric journey to discover the unknown migrations of the birds, explaining the latest technologies used for tracking and why it’s up to us to uncover the secrets of their biology to protect these marvelous species. **Registration Link:** [www.littlefallsvillage.org/Birds](http://www.littlefallsvillage.org/Birds)

## **TUESDAY OCTOBER 6, 1:00-2:30 PM**

**“Who’s Going to Win and Why”** with **Steve Roberts**, veteran political analyst covering his 14th presidential election. **Steve Roberts** is a journalist and former bureau chief for the New York Times. He has had experience as a Congressional and White House correspondent and has authored several books, including a New York Times best-seller. Steve writes a nationally syndicated newspaper column, is the chief political analyst for ABC radio network, and is the Shapiro Professor of Media and Public Affairs at George Washington University. Steve’s many honors include the Dirksen Award for covering Congress, the Wilbur Award for reporting on religion and politics, the Bender Prize as one of GWU’s top undergraduate teachers, and six honorary degrees. At this event, **Steve Roberts** will do his utmost to explain the 2020 Presidential Campaign including his analysis of the underlying campaign themes and political trends that will influence the voting in November. Steve has been a journalist for more than fifty years, covering some of the major events of our time. This is a joint event by Little Falls Village and Friendship Heights Neighbors Network in collaboration with the Little Falls Library.

**Registration Link:** [www.littlefallsvillage.org/Election](http://www.littlefallsvillage.org/Election)

## **WEDNESDAY OCTOBER 28, 1:00-2:30 PM**

**“How to Age with Vitality, Dignity, and Humor”** with **Chris Palmer**, educator, speaker, author, and environmental/wildlife film producer. Chris is a frequent speaker at conferences and film festivals. He also gives workshops on how to live a fulfilling life, how to raise money, how to give effective presentations, how to network effectively, and how to triple one’s productivity. He is a stand-up comedian and performs every Saturday night at the Bethesda Hyatt in Bethesda, Md. He has jumped out of helicopters, worked on an Israeli kibbutz, and was a high school boxing champion. He joined American University in August 2004, establishing the Center for Environmental Filmmaking at the School of Communication. In addition to teaching as a full-time faculty member, Chris continues to produce films, give speeches, and conduct workshops across the country. He is writing two books: *Staying Alive: Adventures in Wildlife Filmmaking* (for Sierra Club Books) and another about a different kind of wildlife—his three daughters and how to be an effective father. **Mr. Palmer** will give an entertaining and interactive workshop on how to get the most out of life and live with more joy, success, and fulfillment. He will discuss what’s “really important,” how to find purpose and meaning, and how to live fully regardless of your stage in life. The workshop is about actively designing our lives rather than simply drifting forward reacting to what happens to us, and how to behave in ways that are true to our most honorable, generous, and best selves. **Registration Link:** [www.littlefallsvillage.org/Vitality](http://www.littlefallsvillage.org/Vitality)

## **THURSDAY NOVEMBER 12, 1:00-2:30 PM**

**“The Birth of Rationality and the Roots of Our Civilization”** with **Pierre Larroque**. Pierre was trained in the sciences in France and has always kept a keen interest in the history of scientific thought. Since becoming an American citizen in 1998, Pierre has been a dedicated student of early American history and the colonial struggle for independence including a keen interest in the role Le Marquise de Lafayette played in helping America achieve self-rule. Stressed out by the craziness of our world? Come rediscover rationality with those who invented it! At the origins, women and men counted basically for trading stuff. The manipulations of numbers stemmed from commercial or taxation needs, and basic geometry allowed for constructing buildings and surveying lands. Events and “the order of things” derived from godly or royal/tyrannical edicts. Starting in about 570 BC, the Greeks questioned “the principles and reasons for all things divine and human”. This led to the birth of rational argumentation – the concept of proof and demonstrable truth – in human enquiries. A few intellectual giants - Pythagoras, Plato, Euclid, Archimedes, Apollonius – developed logic and the use of reason as the bases for our civilization’s advances. Their construction of mathematics, and thus of logic and philosophy, still underpins our societies, after we rediscovered it from Arabic sources in the Renaissance. **Pierre Larroque** will lead you through the path which those giants cleared – the synchronous birth of mathematics, rational thinking and democracy. **Registration Link:** [www.littlefallsvillage.org/Rationality](http://www.littlefallsvillage.org/Rationality)

#### **THURSDAY NOVEMBER 19, 1:00-2:30 PM**

**"The Golden Age of Music"** with **Michael Lavine**, Music Director, Performance Coach, and Archivist. **Michael** has worked all over the world as a musical director, pianist, vocal coach and singer. He gives master classes on auditioning in New York, Los Angeles, Moscow, Bangkok, Australia, Singapore, Tokyo, Manila, Martha's Vineyard and other locations. He has worked with composers as varied as Stephen Schwartz, Stephen Sondheim and Burton Lane, and Comden and Green. Michael has put out a number of CD's including *The Lost Broadway CD Series* and will be releasing some new ones in conjunction with this concert. A graduate of Columbia University, Michael owns one of the larger privately held collections of sheet music in the world. Join **Michael Lavine** as he takes you on a tour of Tin Pan Alley, from its humble beginnings in the Lower East Side and moving on to Broadway and Movie Musicals. Michael will be joined by Broadway and cabaret performers, as he presents many of the world's most beloved songs of the 1920's and 1930's. Feel free to sing along! You can read more on Michael on his site [www.michaellavine.net](http://www.michaellavine.net).

**Registration Link:** [www.littlefallsvillage.org/Music](http://www.littlefallsvillage.org/Music)

#### **WEDNESDAY, DECEMBER 2, 1:00 – 2:30 PM**

**Event with Deborah Tannen**, bestselling author and internationally renowned professor of linguistics at Georgetown University. Deborah is a frequent guest on national television and radio, including *20/20*, *The Oprah Winfrey Show*, NBC's *Today*, and NPR's *Fresh Air* and *1A*. She has written for and been featured in *The New York Times*, *The Washington Post*, *USA Today*, *Newsweek*, *Time* and *Harvard Business Review*, among many others. Event title to be announced later. **Registration Link:** [www.littlefallsvillage.org/Tannen](http://www.littlefallsvillage.org/Tannen)

#### **THURSDAY DECEMBER 10, 1:00-2:30 PM**

**"How We Have Understood the Universe"** with Pierre Larroque. Confused by the state of the world today? Wondering how it all came to this? Come and discover the Universe with those who explained it! Pierre Larroque was trained in the sciences in France and has always kept a keen interest in the history of scientific thought. Since becoming an American citizen in 1998, Pierre has been a dedicated student of early American history and the colonial struggle for independence including a keen interest in the role Le Marquise de Lafayette played in helping America achieve self-rule. From the origins, women and men have looked at the night sky and wondered about it all. They observed the moon phases and the appearance of constellations at regular places and times in the night's horizon (the Zodiac). The Greeks specifically recorded the consistent retrograde movements of five wanderers ("planets" in Greek) amongst all stars, which they strove to explain in an orderly earth-centered Universe. It is only early in the 17th century that Kepler described the solar system correctly and late in that century that Newton published the laws which underpin not only the planets' movements but all classical gravitational phenomena. It took Einstein at the beginning of the 20th century satisfactorily to synthesize and justify the laws of gravity, and numerous followers in the early-/mid-20th to establish quantum mechanics as the theory which explains what the basic constituents of the Universe are and how they behave. Pierre Larroque will lead you through this extraordinary journey of discoveries, culminating with how certain we are of how the Universe was created in a Big Bang 13.79 billion years ago, and why it is today as we live it.

**Registration Link:** [www.littlefallsvillage.org/Universe](http://www.littlefallsvillage.org/Universe)

#### **THURSDAY DECEMBER 17, 1:00-2:30 PM**

**"Edison, Einstein, Ellington, Ernst: The Many Faces of Genius"** with Michael Geselowitz, PhD, Senior Director of the IEEE History Center. Through an arrangement between Stevens Institute of Technology and IEEE, Dr. Geselowitz is currently Industry Associate Professor of History of Engineering at Stevens. Immediately prior to joining IEEE in 1997, he was Group Manager at Eric Marder Associates, a New York market research firm, where he supervised Ph.D. scientists and social scientists undertaking market analyses for Fortune 500 high-tech companies. **Thomas Edison, Albert Einstein, Duke Ellington and Max Ernst** have all been described as creative geniuses. Yet, one was an engineer, one was a scientist, one was a musical composer and one was a visual artist. This lecture will explore the meaning of creativity and genius by looking at the lives and work of four giants and others who have been given the title genius. Are invention, scientific discovery, and artistic production essentially the same human endeavor? What are the similarities and differences? If they are distinct activities, can the concept of genius somehow link them together, or is genius another idea that has different meanings in different contexts? Tune in to find out.

**Registration Link:** [www.littlefallsvillage.org/Genius](http://www.littlefallsvillage.org/Genius)