



Professional People Who Can Help

Who are you going to call? Well, here's a list of "professionals" that Little Falls Village people like to call. We'd like your recommendations too.

Send them to: info@littlefallsvillage.org and we'll add them to the list.

Also, did you know that you can find "vetted", local professionals through Washington Checkbook for free at your local library? Library staff is trained to help you find what you're looking for.

All-Purpose Handyman

Marvin G. Palacios

marvinpalacios@verizon.net

301- 805-4692

Cell: 301-674-9224

He can do it all; painting, gutter/window cleaning, minor carpentry, drywall installing, finishing & repairs. Marvin will even come to clear the snow off your driveway and walks. I've used him for years and he's the best.

Joanne Hellyer, Glen Mar Park- 301-229-6749

Steve Owensby

Redhead Handyman

703-628-3928

www.redheadhandyman.com

redheadhandyman@gmail.com

Steve will do big jobs and small jobs. He knows the neighborhood. He helped hang a very heavy mirror for us and then I hired him to renovate my basement.

Todd Smith, Glen Mar Park - 301-320-3267

Elmer B. Villegas

240-491-2633

An excellent contractor I've known for 10 years. He does electrical, plumbing, carpentry, etc. Used to work at Sumner Village, now has his own company. He's dependable, licensed, bonded, insured and charges "very reasonable" prices.

Marietta Falzgraf, Sumner Village— 301-320-4976

Pete Stefanias

301-905-8264

When you call, don't leave a message. It's better to try again later. Very reliable. He has fixed a wide range of things and also remodeled a bathroom for us.

Linda Koenig, Tulip Hill – 240-396-6923

Keith Edelen

HJC Handyman Services

240-412-3420

hjchome@yahoo.com

I had a very satisfactory experience with Keith Edelen who repaired my bathroom tub after another company was unable to solve the problem. Keith is a good handyman. Does electric and other repairs.

Eileen Lavine, Sumner Village – 301-229-6640

Appliance Repair

Bettar

Kensington, MD

301-949-2500

www.bettarappliance.com

I really, really like them, particularly for the little fixes.

Todd Smith, Glen Mar Park – 301-320-3267

Reddix Appliance

301-384-5974

Excellent. Will repair older machines and help avoid replacing them.

Linda Koenig, Tulip Hill – 240-396-6923

House Cleaning

Compulsive Cleaners

c/o Barbara Ellison

703-861-1161

Our cleaning service for around 30 years. Maria and Claudia come once weekly and do an excellent job. Trustworthy, honest, pleasant to be around. The fee, \$100 per visit, is on the high side, but we are willing to pay it because we've never had a problem with them in 30 years or so.

Dave Gries, Sumner Village – 301-229-1048

Maria Gomez

301-793-9672

Recommended

Joni McIlvain, Wood Acres – 301-229-3339

Natividad Escalante

240-654-4308

Naty is fab. She has worked for me since 2000!

She is out of the country until August 28th.

June Gardner, Wood Acres – 301-758-3301

Maria Fuentes of HCS (Home Cleaning Services).

240-286-8905.

Recommended

Kathleen Zellmer, Sumner – 301-229-3258

marencoservices@hotmail.com

301-442-9549

Highly recommended.

Linda Koenig, Tulip Hill – 240-396-6923

Mayflower Maids

301-881-5300

I have been using the "Mayflower Maids" for a couple of years and have found them to be dependable, efficient and affordable.

Marge Pray, Westgate – 301-229-7624

Nelson and Digna

301-439-3894

I have been using Nelson and Digna cleaners for quite a few years and have been satisfied with their service.

Jane Croft, Sumner – 301-229-1208

Norma Playuk

703-981-4102

A wonderful cleaning woman, Norma and one or 2 other women come to my home on Sangamore Rd., and they do a great job.

Suzanne Blouin, Sumner – 301-229-3470

Maria Velez

301-229-3358

Recommended

Peg Byrne, Sumner Village – 301-229-1066

Carpet Cleaning

Normandy Carpet

7621 Rickenbacker Dr. #100

Gaithersburg, MD 20879

301-740-2005

www.normandycarpet.com/

Did a good job. Very professional. Made a second visit without charging us to work with different chemicals on a spot on a rug.
Susan Gries, Sumner Village – 301-229-1048

Curtis Fiber Cleaning

301-865-1500

Linda Koenig, Tulip Hill – 240-396-6923

Computer

Peter Dressner

Computer Specialist

Bethesda, MD

301-718-1088

Peter.dressner@verizon.net

We've used Peter for years. He has helped us buy and setup at least 10 computers and our home network. When I say "buy" he'll help you shop on line to get the best price or he'll go to the computer store with you to help you pick out the right computer. Tell him I recommended that you call.

Todd Smith, Glen Mar Park – 301-320-0518

Boon PC

301-654-2116

No house calls.

Linda Koenig, Tulip Hill – 240-396-6923

Electricians

Kolb Electric

301-703-3189

<http://kolbelectric.com/>

Recommended by Best Pick Reports, 2014

www.bestpickreports.com

TriStar Electric

410-799-5791 or 301-384-8880

www.tristarelectric.net/

Recommended by Best Pick Reports, 2014

www.bestpickreports.com

Food Suppliers

Meals on Wheels

<http://www.mealsonwheelsamerica.org/>

Not gourmet, but nutritionally balanced.

Edward Rastatter, Sumner Village – 301-229-0030

Seamless

<https://www.seamless.com/browse/md-bethesda>

They deliver from a whole host of restaurants near us.

Mary O'Donoghue, Capitol Hill – 301-706-7675

Galley

www.galleyfoods.com

We cook. Freshly prepped meals made daily. You order. As easy as 1-2-3 clicks. We deliver. Tell us when and where. You serve. Heat it, then plate it like a pro.

Anita Bollt, 301-654-3056

Sandy Roy, 301-320-2891

Margie Eulner Ott, 301-229-7790

Munchery www.munchery.com

I like Munchery, an online source for fully cooked, heat-and-serve dinners.

Sandy Roy, Sumner – 301-320-2891

Dasher

<https://www.doordash.com/dasher/apply/>

We have used Door Dashers several times with good results.

They deliver meals from dozens of restaurants, including Passion Fin and Pralines.

David Gries, Sumner Village – 301-229-1048

Prescription Chicken

<http://www.prescriptionchicken.com/>

Just today we had the occasion to fill up a frig and not one, not two, not three, but four containers of this fabulous soup (perfect for a cold winter night! ... or anytime.

Gabrielle Grunau, Glen Mar Park – 301-229-7630

Hauling

Junk in the Trunk

877-547-8669

Trash removal

<http://www.jitt.com>

Easy to deal with. Arrived a day after we called them. Left our woodwork undamaged as they removed some heavy pieces of furniture.

Dave Gries, Sumner Village – 301-229-1048

Home Updates

Blaine Windows

301-565-4949

www.blainewindowrepair.com

Reliable, fair, good workmanship. They replaced a number of special order windows that had become fogged. Left no mess or damage despite the very heavy weight of the new windows.

Dave Gries, Sumner Village – 301-229-1048

Union Hardware

7800 Wisconsin Avenue

Bethesda, MD 20814

301-654-7810 or 301-227-3739

www.unionhardware.com

High quality hardware, lighting, and fixtures, good service and selection. They can find most anything in their library of catalogues.

Dave Gries, Sumner Village – 301-229-1048

Case Handyman now called Fred

– 301-637-4316

www.schedulefred.com

Expensive, but does good work. We had a large outdoor deck whose foundations needed replacing. They did a professional job in a reasonable time, but they are expensive.

Dave Gries, Sumner Village – 301-229-1048

Newman and Wife Hardwood

Floors

Washington DC 20011

202-291-4108

Excellent service, old time craftsman. A delight to work with. Stories of Washington's history, good tips and how to take care of polished floors.

Dave Gries, Sumner Village – 301-229-1048

Capon Cleaning

Rockville, MD

301-657-1744

Window cleaning

<http://caponcleaning.com>

Does an excellent job. Prices are competitive. Have cleaned windows for us for many years. Especially good at unsticking old windows.

Dave Gries, Sumner Village— 301-229-1048

Gutters

Gutters For Less
9615 Liberty Road
Frederick, MD, 21701
301-694-7400

Ellen Markham, Crestview – 301-320-3570

Window Genie of Bethesda
10411 Motor City Drive
Suite 750
Bethesda, MD 20817
301-895-0805

I highly recommend Window Genie for gutter cleaning. Dan Diggs is the owner and he operates the best company I have ever used. Even though window cleaning is one of the most requested services, he can't be beat for gutter cleaning. His gutter cleaning crew is TOPS. Dependable, reliable and reasonable.
Joanne Hellyer, Glen Mar Park – 301-229-6749

Heating and Air Conditioning

Cropp Metcalfe
www.croppmetcalfe.com
1-800-462-7677

They just put a heat pump in for us and were professional in every way.
Dave Gries, Sumner Village— 301-229-1048

Lawn Cutting, Gardening, Leaf Removal

Kollins Landscaping
301-774-1804

All the worker teams are outstanding. Very well run firm.
Linda Koenig, Tulip Hill – 240-396-6923

Ermes Canales Landscaping
301-379-5518

Ermes and his team provide lawn maintenance and mowing for several houses in Wood Acres, including mine!
His team is great and his prices are reasonable.
June Gardner, Wood Acres –301-758-3301

JoAnn Hasty
301-421-4457, 301-503-6710
joannlhasty@gmail.com

We use Hasty Services (JoAnn and Jim Hasty). They do everything from lawn mowing to pruning and gutter cleaning.
Nancy Wehr, Wood Acres – 301-229-0583

Chuck Uwandu
uwachuky@yahoo.com

I have 2 guys who faithfully do my mowing. They are reasonable and thorough!!

&
Dwayne Myers
monroe_myers@yahoo.com

Patricia Webbink, Brookmont – 301-229-8890

Greg Urban
301-229-3458

I know him from his work at Safeway. A good guy.
Todd Smith, Glen Mar Park - 301-320-3267

Home Care Services

Corewood Homecare
Office in S-232 at the Shoppes at
Sumner Place
Phone: 301-909-8117
www.corewoodcare.com

For Home Care, I do recommend Corewood Homecare. I have never used anyone else and have been very pleased with them. Besides, they are close by!!! I would also be interested in recommendations for the retaining wall replacement.
Grace Peterson, Brookmont – 301-229-2491

Capitol City Nurses

[8401 Connecticut Avenue, Suite 1020 Chevy Chase, MD 20815](#)

[1-866-807-7307](tel:1-866-807-7307)

<http://capitalcitynurses.com>

- **Sala Sucu, 202-492-3216 (prefers nights)**
- 1. **Demisse Tessema, 240-604-6305**
- 2. **Issac Ngomba, 240-495-9551**
- 3. **Mary Mwangi, 240-422-9266**

We recently used the services of Capitol City Nurses to tend to our daughter who is recovering from surgery. We needed an RN but I know they provide caregiver services as well. We found everyone we talked with to be professional, pleasant and competent.

Marge Pray, Westgate – 301-229-7624

The first three have worked extensively for me; the fourth is very experienced also and highly recommended.

Numbers two and three are very strong men especially suitable for helping male patients. However, the other two, women, are not at all weak.

Personally, I have found highly qualified individuals better to use than nursing companies.

Linda Koenig, Tulip Hill – 240-396-6923

Joy Mason Shaw

301-980-9398

For home care, I highly recommend Joy Mason Shaw and her sunny team of Jamaican caregivers, who took care of my Mom, my Aunt, and Chief Justice Ruth Bader-Ginsburg's husband, among many others. Joy can be reached at 301-980-9398.

Kathy Daniel, Brookmont – 301-320-2150

Family & Nursing Care

962 Wayne Ave #500, Silver Spring, MD 20910

[\(301\) 588-8200](tel:301-588-8200)

<http://www.familynursingcare.com/>

Austin Heyman, Sumner Village – 301-469-8892

Debra Levy, Elder Care Associates

11120 New Hampshire Ave, Silver Spring, MD 20904

[301-593-5285](tel:301-593-5285)

Had a friend who was happy using Debra Levy Geriatric Care services and they coordinated the home care that was needed on a progressive basis. As the patient might need to be moved to other facilities, they also arrange those services.

Lois Cohen, Sumner Village – 301-229-3451

Angela Quintero
301-520-8588

My housekeeper has acted as a caretaker for several people in Sumner Village. We have had not used her for that, although I did arrange for her to be here when I was going to be gone for several hours soon after my Bill was released from a hospital stay. She insisted that I assign her some special jobs to do while she was here. I know she has cared for some terminally ill residents of Sumner Village.

My main reservation about her as a caretaker us is that her English is not as good as I would like for ad hoc requests; she would be very good for someone who knows Spanish. Also, someone would want to go to a company with several employees if every day, round the clock care is needed.
Susan Brown, Sumner Village – 301-320-4408

Life Matters
7768 Woodmont Ave, Bethesda,
MD 20815
Phone: (800) 293-8973
<https://lifemattersusa.com/>

My son in law works for Life Matters, and he has numerous satisfied clients. His # is 301-789-5192, Peter Clopton.
Ed Rastatter, Sumner Village – 301-229-0030

Potomac Home Care or Trusted Touch

I'm replying with the negative. I would not recommend Potomac Homecare or Trusted Touch. We used both for my husband and I was not happy with either.
Sandy Grant, Sumner Village – 301-320-2832

Home Updates

Blaine Windows
301-565-4949
www.blainewindowrepair.com

Reliable, fair, good workmanship. They replaced a number of special order windows that had become fogged. Left no mess or damage despite the very heavy weight of the new windows.
Dave Gries, Sumner Village –301-229-1048

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Excellent service, old time craftsman. A delight to work with. Stories of Washington's history, good tips and how to take care of polished floors.
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Rockville, MD
301-657-1744
Window cleaning

<http://caponcleaning.com>

Does an excellent job. Prices are competitive. Have cleaned windows for us for many years. Especially good at unsticking old windows.

Dave Gries, Sumner Village— 301-229-1048

Painters

Elivar's Painting Inc.
Elivar Herrera
10724 Shaftsbury St.
Kensington, MD 20895
301-370-2702

I recommend Elivar and his crew for interior and exterior painting, plastering, drywall repair and carpentry. We have used Elivar on many occasions, most recently in June 2014 for interior/exterior painting and repairs. He does quality work at a reasonable cost.

Todd Smith, Glen Mar Park— 301-320-3267

Pharmacy

Bradley Care Pharmacy
866-227-3739
www.bradleydrugs.com

Provides same day Rx delivery, very professional, widely used by doctors

Dave Gries, Sumner Village— 301-229-1048

Plumbers

Coleman Plumbing and Heating
301-585-2352

Experienced and reliable.

Linda Koenig, Tulip Hill— 240-396-6923

Keith Edelen
HJC Handyman Services
240-412-3420
Email: hjchome@yahoo.com

I had a very satisfactory experience with Keith Edelen who repaired my bathroom tub after another company was unable to solve the problem. He's also an excellent handyman.

Eileen Lavine, Sumner Village— 301-229-6640

CroppMetcalfe
www.croppmetcalfe.com
1-800-462-7677

They put a heat pump in for us and were professional in every way.

Dave Gries, Sumner Village— 301-229-1048

HD Johnson Plumber
202-244-6555
<http://hdjohnsoninc.com/>

Has served NW and Bethesda for decades. They're good and provide reliable service.

Dave Gries, Sumner Village— 301-229-1048

Advanced Plumbing and Drain Services
16891 Oakmont Ave
Gaithersburg, MD 20877
301 933-7331
www.advancedplumbingdrain.com

Ellen Markham, Crestview – 301-320-3570

Retaining Wall Repair

Avon Construction

Completed a masonry stone retaining wall at Summer Square (corner of Sangamore and Sentinel Dr.) The work was very nicely done and also very expensive.
Laurene Sherlock, Sumner Sq. – 301-320-9277

Marty Sparger
571-436-7995

For masonry work, I recommend Marty Sparger.
Kathy Daniel, Brookmont – 301-320-2150

Mike Andersen
301-328-1422
youtreeman@gmail.com

Might give Mike Andersen. The Tree Arborist/Landscapes grew up in Montgomery County and he has worked in my garden and for my next-door neighbor as well.
Eleanor Hillegeist, Glen Mar Park – 301-229-1593

Roofers

Corley Roofing And Sheet Metal Company
4941 Beech Pl, Temple Hills, MD 20748
301-894-4460
www.corleyroofing.com

June Gardner, Wood Acres –301-758-3301

Jack's Roofing Company, Inc.
2345 Montgomery St, Silver Spring, MD 20910
301-585-4985
www.jacksroofing.com

I use Jack's roofing. Reliable and reasonably priced.
Lyn Ermer, English Village – 301-657-4441

W. E. GRIFFIN ROOFING INC
7910 Woodmont Ave #1309 Bethesda, MD 20814
301-652-7549
info@wegriffinroofing.com

This is the roofing company I used for gutter work after the mega snow storms several years back. My real estate agent recommended them and they did a very professional job.
Mary Ann Bernald, Westgate – 301-229-8661

Gary Welsh
301-520-6625

We recommend Gary Welsh (301-520-6625) who, in our view, is excellent. He put on our new roof in 2013.
Jim and Carol Russel, Sumner – 301-229-0595

Rimel Roofing
7885 Cessna Ave, Gaithersburg, MD 20879
301-330-0936

Excellent quality, reliable, good and honest advice. -- recommend without any reservations
Jane Rasmussen, Westgate – 301-229-5439

Marshall Roofing, Siding and Windows, Inc.
7220 Telegraph Square Dr., Lorton, VA 22079
703-550-0055

Marshall roofing Lorton VA has done roof and gutters repairs for us for many years.
Nancy Wehr, Wood Acres – 301-229-0583

Reliable Roofers

240-456-0200

www.reliableroofers.net

W.E. Griffin Roofing

301-652-7549

www.wegriffinroofing.com

On Top Home Improvements, Inc.

301-368-3551

www.ontophome.com

Alvin Sacks, Mohican Hills – 301-229-3399

Snow Removal

Tree Removal

Custom Touch

Tree Removal Service

Ask for Kyle Adamson

301-963-2384

Kyle and his Custom Touch crew are true tree-top artists. They bring a huge tree down and truck it off before you can blink. Best part is, you will never know they were there because they're pros, who are fast, efficient, and do no harm to your property.

Todd Smith, Glen Mark Park – 301-320-3267

Ellen Markham, Crestview – 301-320-3570

Ed's Tree Service Inc.

11525 E Maple Ave

Beltsville, MD 20705

301-937-6269

edstreeservice.com

**Typewriter & Office
Equipment Repair**

Rockville Office Machines

12264 Wilkins Avenue

Rockville, MD 20852

301-468-1973

This is a family business and give excellent personal service. They will come and pick up, then return office equipment once repaired. They stand by their guarantees and charge reasonable prices.

Marietta Barbier Falzgraf, Sumner Village-- 301-320-4976

Window Repair

Blaine Window Repair

www.blainewindowrepair.com

301-565-4949

Their workmanship was excellent and the result was exactly what we wanted.

Dave Gries, Sumner Village – 301-229-1048

**Window Washing, Gutter
Cleaning**

**Congressional Window and
Gutter Cleaning
301-294-3353**

Excellent work. Book in advance.
Linda Koenig, Tulip Hill –240-396-6923

(Note: As an organization, Little Falls Village, its board of directors, office staff, and office volunteers, do not endorse any of these companies nor shall they be held liable for any improper or incorrect use of the information described and/or contained herein or shall they assume any responsibility or legal liability for the performance, workmanship, cost, or any damages resulting from the contracting with these service providers by any member or non-member of Little Falls Village. Little

Falls Village has not researched any of these companies, but current research information is available via from EBSCO Research’s “Best Pick Reports” for Montgomery County at: www.bestpickreports.com). Additional researched information on local service providers is available through Washington Check Book and can be reviewed free of charge by individuals, with library cards, at any Montgomery County library.)